

### Admission Protocol at Nisargopchar Ashram-JAN'22

- Currently the admissions are open for sadhakas below the age of 70 year considering their safety.
- You must present at Ashram with 2<sup>nd</sup> vaccination certificate without which admission process would not be initiated. Considering the pandemic, your admission will be cancelled if you present with Cold, Cough, or fever either during admission or while your stay at ashram.
- If you had Covid-19 infection recently or have taken the Covid-19 vaccination, then you can make reservation at Ashram only after a period of 14 days.
- Foreign Nationals or NRI's must follow the standard protocol of Self quarantine for a week from the day they land following which they must present with a negative RT PCR report conducted not earlier than 48 hours
- The check In time for Sadhakas will be between 8.30AM-4.00PM and check out will be at 11 AM
- Any child above 5 years of age accompanying the Sadhaka has to present themselves with a negative RT-PCR report conducted not earlier than 48 hours.
- Consultation and treatments shall commence on the same day, after the consultation you will receive treatments and diet as per the doctor's advice.
- First day will be utilized for orientation and consultation with Doctors and this day you will have limited treatments

#### **Other Instructions**

- Aadhar Card is compulsory; all the sadhakas between the age group 12-70 years shall be eligible for admission. The minimum duration of stay would be 7 days.
- Ashram holds the rights to deny the admission to Sadhaka If you are found to have any ailments other than those mentioned by the Sadhaka while making an online booking/telephonic consultation.
- Sadhkas would not be allowed go out of campus during entire duration of stay nor allowed to have any visitors; if found doing so shall be discharged immediately.
- Sadhakas who wish to stay single in a double occupancy room may pay room rent at actuals.
- In case of an early discharge, charges as per ashram policy shall be levied.
- **Nisargopchar Gramsudhar Trust reserves the right to change the norms of admission, booking policy, terms and condition of stay at ashram without any prior information or notice.**